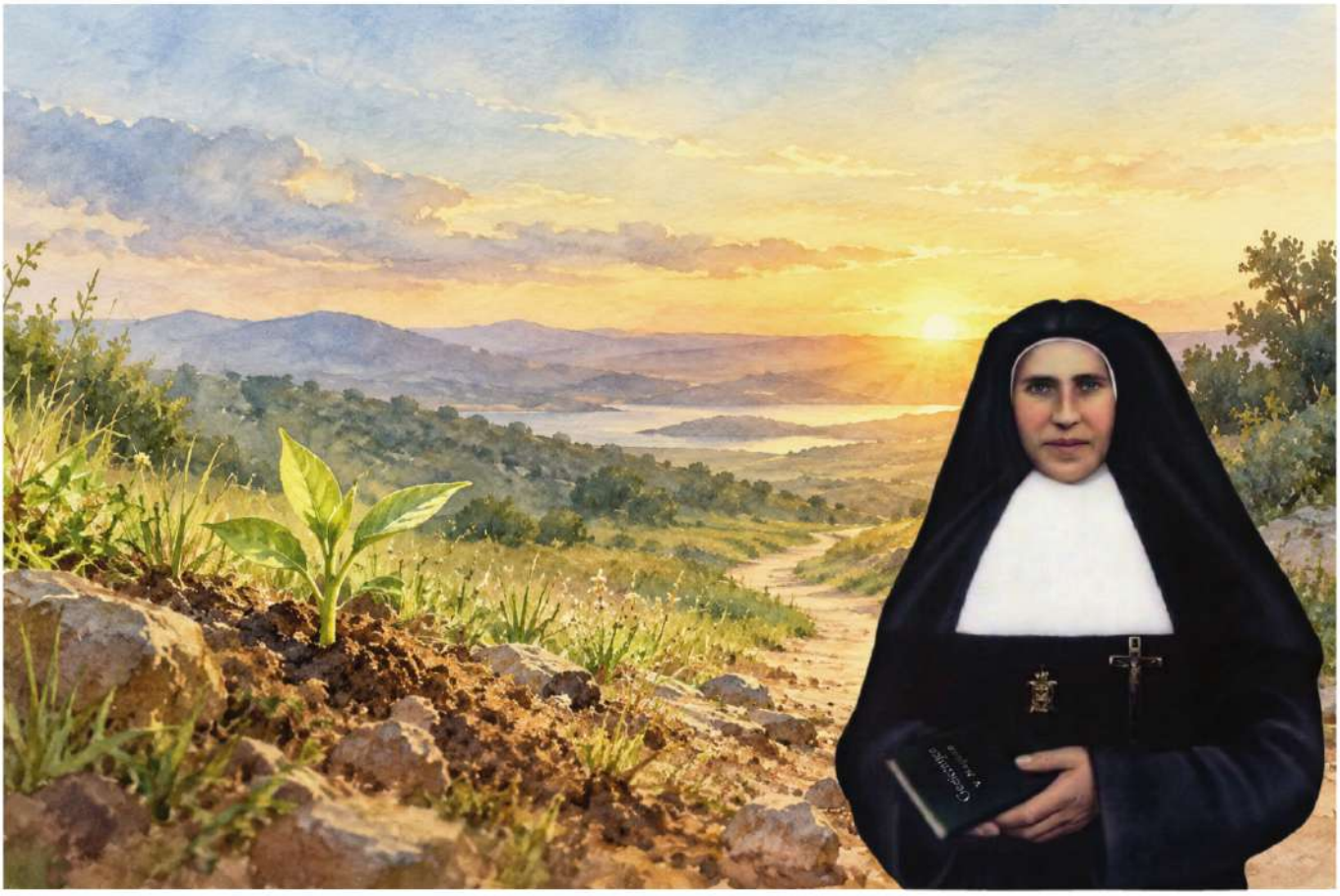
No. 7 - September 2026

The present moment

The spirituality and charism of Venerable Mother Maria Güell for today



"I entrusted it to them, and they did everything."

BEGINNING WITH TRUST

God is present in new beginnings

September often brings a change of pace as schedules, responsibilities and perhaps new projects return. We may welcome it with hope, but also with tiredness, uncertainty or fear that we will not manage everything.

Beginning again does not mean having all the answers or suddenly becoming different people. It begins when we honestly face the present moment and take the step that is possible now.

God is not only waiting at the end of the road. He is also present in a fragile decision, in the desire to try again and in the small act that no one sees.

Through the prophet Isaiah, God gives us a promise filled with hope:

"See, I am doing something new! Now it springs forth; do you not perceive it?" (Is 43:19)

Newness does not always arrive with dramatic signs. It may begin with a long-overdue conversation, a task resumed with greater care, a change of attitude, or a few minutes of prayer.

On 14 September, we remember the founding of the Missionary Daughters of the Heart of Mary. It began not because everything was planned, but through a humble and trusting response to God among the sick.

Mother Maria Güell acknowledged this simply:

"Everything that has been accomplished in the Institute has been the work of Jesus and Mary. I entrusted it to them, and they did everything."

Her words teach us to work and serve without believing that everything depends on us alone.

The faithfulness that opens a way

When a new season begins, we may fill it with resolutions. We want to organise everything better and put many things right. But if we try to change everything at once, it is easy to grow tired and give up.

Life is transformed through small decisions that we tend faithfully.

Trusting God does not mean waiting passively for difficulties to disappear. It means placing in His hands what we cannot control and taking responsibility for what is ours to do.

Perhaps this month you do not need a great project. Your next step may be to begin the day with a few moments of silence, listen more attentively, complete a task well, ask forgiveness, or be available to someone who needs help.

Mother Maria Güell brought together the interior life and everyday living. Her trust became visible in her work; her prayer, in service; her love for God, in the way she treated others.

Every small step can open a way because it is upheld by God's faithfulness.

For reflection

- What new reality am I being called to welcome?
- What is preventing me from beginning: fear, haste, weariness, or the need to feel completely secure?
- What depends on me, and what do I need to leave in God's hands?
- What simple gesture can I practise faithfully this month?

Do not try to resolve today everything that lies ahead. Trust, take the first step, and live with love whatever God places in your hands now.

Placing a new beginning in God's hands

Before taking up your tasks and projects again, find a quiet moment and ask yourself:

- What is beginning anew in my life?
- What hopes, fears or weariness does it stir in me?
- What do I need to entrust to God today?
- What simple first step is within my reach?

You do not need to have everything worked out. Simply begin where you are.

You might pray slowly:

"Lord, I place this new chapter in Your hands. Give me light and love to live well what You entrust to me today."

Then choose one concrete step. Trust helps us move forward without allowing fear to make our decisions for us.

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